



NEW YORK
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Jeunesse Spas for Life

✓ CRITICS' PICK

Official Website : jeunessespa.com

Hours: Mon-Fri, 11am-10pm; Sat, 9am-9pm; Sun, 11am-7pm

Nearby Subway Stops: 1 at 66th St.-Lincoln Center

Payment Methods: American Express, Discover, MasterCard, Visa

Special Features

- Good for Couples
- Late-Night
- Whirlpool/Wet Lounge

Profile

This intimate spa in the basement of the Empire Hotel offers a full menu of body treatments, massages, facials, and acupuncture. Opened by former architect Vivek Hans in April 2008, the spot touts a capable staff of twenty masseuses, aestheticians, and yogis. Two of the seven treatment rooms contain their own frosted-glass showers inside, and separate locker rooms for men and women are both outfitted with saunas and tranquil lounging areas. Many services here cater specifically to men, like the pore-clarifying Pure Performance facial or the Sports Pedicure, which incorporates a soak, scrub, cleaning, and hand massage. Others are devoted to expectant or new mothers, like a nourishing Pregnancy Facial that soothes skin flare-ups due to hormones. Couples or small groups looking to indulge can book the VIP suite, which features its own hydrotherapy tub, sauna, shower, and treatment area. — Randi Eichenbaum

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